

Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,00 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,50 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,00 € please choose from our daily offer of side dishes
03.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 15.01.2024	Asian noodle soup with bamboo and chicken aw, i 110	Crunchy Fish Sticks with herb sauce, potatoe puree and fresh salad aw, c, d, f, i, j, g, 3, 11 529	Krusty chicken drumsticks on colorful roasted vegetables served with potato chips and garlic dip aw, g, i 710	Stuffed potato pasties (herbed cream cheese) with chive quark and salad garnish aw, c, g 610
Tuesday 16.01.2024	Wild garlic soup aw, g 120	Spaghetti 'Carbonara' with ham and cheese sauce aw, g, i, 1, 2, 3, 11 610	Bulgur on mediterranean vegetables of peppers, zucchini, aubergine and tomatoes aw 420	Pork cutlet 'Strindberg'-style (in onion-mustard-egg batter) with broccoli and potato chips aw, g, 1, 2, 3, 11 690
Wednesday 17.01.2024	Goulash soup (pork) with paprika and potatoes aw, i, 3 130	cream of wheat with strawberry sauce aw, g, 11 640	Home-made burger with gravy, potatoes and mixed vegetables aw, c, j, 3 610	Fried filet of tilapia with peppers and onions, served with herbed rice aw, d 410
Thursday 18.01.2024	Thick cauliflower soup aw 130	Herb quark with linseed oil, boiled potatoes and cucumber salad g, 3, 11 570	Roast turkey with mashed potatoes cabbage to herbed carrots aw, c, f, i, j, g, 3, 11 680	Fried herring with onion rings, roast potatoes and salad garnish aw, d, 3 810
Friday 19.01.2024	Sea fish and pepper soup with fresh dill aw, d 90	Spicy lentil stew with snack-kabanossi and a slice of wholegrain bread aw, ar, i, j, 2, 3, 11 710	Juicy beef goulash with macaroni chips and coleslaw aw, 11 610	Caesar Salad with chicken breast strips with mushrooms, herbs and parmesan cheese aw, g, 1, 5, 11 390

Please choose from our salad bar and the daily specials with dessert.
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

allergen labeling
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) miik (- products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine