

# Lunch menu

## Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm  
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria  
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,00 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,50 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,00 € please choose from our daily offer of side dishes
05.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 30.01.2023	Banana cream soup	Cauliflower Cheese Medallion with quark dip, boiled potatoes and side salad	Battered slice of Bologna-style sausage with tomato sauce and spirelli pasta	Chicken breast au gratin with peach and sauce choron with broccoli and croquettes
	g 120	aw, c, g, i, j, 3 610	aw, c, j, 2, 3, 11 580	aw, c, 11 640
Tuesday 31.01.2023	Thick cream of mushroom soup	Jumbo fish sticks with dill sauce, boiled potatoe and carrot salad	Home-made burger with cream sauce, red cabbage with apple and boiled potatoes	Fried tofu (with sesame breading) on Chinese vegetables with brown rice
	aw, g, 5 140	aw, c, d, g, 3, 11 529	aw, c, j, 3 559	c, g, i, f, k 490
Wednesday 01.02.2023	Creamed vegetable soup	Italian stir-fried pasta with meatballs (courgettes, mushrooms, tomatoes and sweetcorn)	Chicken 'cordon bleu' with peas and potato puree	Large farmer's breakfast with pickled herring pieces
	aw, i, g 130	aw, c, g 430	aw, c, f, i, j, g, 1, 2, 3, 11 570	c, 3, 11 590
Thursday 02.02.2023	Red lentil soup with diced bacon	Scrambled eggs with herbs, served with cauliflower in Dutch sauce and mashed potatoes	Glazed roast pork with caraway stock, boiled potatoes and pickled cabbage	Alaska pollock fillet "Pomodore" with tomato and mozzarella topping and gnocchi
	i, 2, 8 140	aw, c, f, i, j, g, 3, 11 510	aw, 3, 11 580	aw, d, g, i, 3 490
Friday 03.02.2023	Cream of spinach soup royale	Chili con carne (Mexican bean dish) served with Turkish bread	Krusty chicken drumsticks on colorful roasted vegetables served with potato chips and garlic dip	Feta cheese in batter with ratatouille and bow-tie pasta
	c 120	aw 630	aw, g, i 710	aw, g, 1, 11 510

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

ENJOY YOUR MEAL

Menu subject to alterations!

allergen labeling  
a) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

marking required additives

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine