

# Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm  
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria  
at

  
IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,00 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,50 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,00 € please choose from our daily offer of side dishes
05.	ZZV	ZZV	ZZV	ZZV
Monday				
29.01.2024	Fish solyanka	Scrambled eggs with herbs, served with mushroom sauce and mashed potatoes	Coachman-style goulash (beef, pork, cocktail gherkins, a little beer) served with Swabian-style spaetzle noodles	Fillet of pollock 'Milanese' (au gratin with tomato and cheese), served with boiled potatoes and green salad
	d, i	aw, c, f, i, j, g, 3, 5, 11	aw, c, 11	aw, d, g, 1, 3, 11
Tuesday				
30.01.2024	Thick Mushroomcream soup with croutons	Broccoli nuggets with dutch sauce served with boiled potatoes and small salad garnish	Home-made stuffed cabbage with braised cabbage sauce and potatoes	Small turkey skewers with ratatouille and herbed rice
	aw, g, 5	aw, c, g, f, h, i, 3	aw, c, 3	aw
Wednesday				
31.01.2024	Cabbage soup with pork and cumin	Home-made potato fritters with apple puree and sugar	Battered slice of Bologna-style sausage with tomato sauce and spirelli pasta	Filled Pancakes with tomato sauce and mozzarella with green salad
	i	aw, c, 3, 11	aw, c, j, 2, 3, 11	aw, c, g, 1, 11
Thursday				
01.02.2024	Thai curry soup with Mie noodles	Colorful spring pan (rice, chicken breast and vegetables) to yoghurt sauce	Kassler-style pork roast with buttered peas, paprika and fries	Cannelloni stuffed with ricotta cheese and spinach, served with cheese sauce and salad garnish
	aw	aw, g, i	aw, g, 2, 3, 11	aw, c, g, 1, 11
Friday				
02.02.2024	Lemon-parmesan soup with marjoran	pesto Spaghetti with tuna and tomato sauce	Oderbruch-style salad with fried potatoes and fried egg	Pork cutlet 'half-and-half' (onion-tomato-capsicum sauce, herbed mushrooms) with potato chips and salad garnish
	aw, g, 1	aw, d, i	c, 3	aw, g, 5

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL  
Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine