

# Lunch menu

**Opening times:**

**Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm**  
**Lunch 11.00 am to 1.30 pm**

pasta dish

without meat

vegan dish

Cafeteria  
at



**IHP GmbH**

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,00 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,50 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,00 € please choose from our daily offer of side dishes
09.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b> 27.02.2023	Beef broth with root vegetables i 70	2 vegetable crispy bagels with chive quark and rosemary potatoes aw, c, g, i, 3 590	Battered slice of Bologna-style sausage with tomato sauce and spirilli pasta aw, c, j, 2, 3, 11 580	Chicken breast au gratin with pineapple, baked under cheese and served with fragrant rice and broccoli aw, g, 1, 11 670
<b>Tuesday</b> 28.02.2023	Asian-style noodle soup with Mie noodles aw, i 110	Braised cabbage with meatballs and boiled potatoes aw, c, 3 520	Backfish fillet (pollack) with cucumber dill sour cream and mashed potatoes aw, c, d, 2, 3, 11 710	Chicken Burger with potato wedges aw, g, 1 620
<b>Wednesday</b> 01.03.2023	Solyanka with sour cream aw, g, i, 2, 3, 4, 8 260	Home-made pancakes with sugar and applesauce or sweet vanilla quark aw, g 900	Gyros cutlet (pork) cabbage salad with tzatziki on olives and potatoes aw, c, g, 3, 11 610	Baked camembert cheese with peach and cranberry and salad bouquet aw, c 340
<b>Thursday</b> 02.03.2023	Carrot and orange soup aw, g, 11 120	Scrambled eggs with herbs, served with cauliflower in Dutch sauce and mashed potatoes aw, c, g, 3 510	Chicken wings with capsicum sauce, potato wedges and Balkan-style vegetables aw, 1 690	Alaska pollock fillet "Strindberg Style" (with onion-mustard-egg coating) with dill sauce, boiled potatoes and salad garnish aw, c, d, g, i, j, 3, 11 640
<b>Friday</b> 03.03.2023	Cream of cauliflower soup aw, g 130	Spicy lentil stew with snack-kabanossi and a slice of wholegrain bread aw, ar, i, j, 2, 3, 11 710	Home-made Königsberg-style meatballs with caper sauce, boiled potatoes and beetrot salad aw, c, g, 3, 11 560	Stuffed potato pasties (herbed cream cheese) with chive quark and salad garnish aw, c, g 610

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**  
Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine