

Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,00 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,50 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,00 € please choose from our daily offer of side dishes
13.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 27.03.2023	Spicy bean soup with minced meat (pork) 140	Lentil Bolognese (Carrot, celery, tomato, onion) with spaghetti and grated cheese (Gouda) aw, g, i, 1, 11 695	Kassler-style fried pork steak with fried egg, potato puree and Brussels sprouts aw, c, g, 2, 3, 11 740	Fillet of pollock au gratin with leaf spinach and sauce hollandaise, served with tomato rice aw, c, d 650
Tuesday 28.03.2023	Cream of broccoli soup aw, g 130	Rice pudding with apple puree, sugar and cinnamon g, 11 903	Pork cutlet in batter with cream sauce, boiled potatoes and herbed carrots aw, c, g, 3, 11 610	Omelette stuffed with vegetables, served with salad garnish c, g 510
Wednesday 29.03.2023	Spicy curry and rice soup with pork aw 145	Saxon-style peppered meat (meatballs, leeks and tomato-capsicum sauce) with potato puree aw, c, f, i, j, g, 3, 11 590	Oderbruch-style salad with fried potatoes and fried egg c, 3 580	Stuffed beef à la maison with apple and red cabbage, served with dumplings aw, 2, 3, 11 630
Thursday 30.03.2023	Italian sidh woup with vegetable julienne d, i 90	Sweetcorn-leek fritters with sour cream and a small salad aw, c, g 632	Turkey gyros with tomato rice, tsatsiki and coleslaw aw, g, 11 510	Sea salmon fillet Mexicana (Cheese taco bread) on mediterranean vegetable bed with ribbon noodles aw, d, g, i, j 680
Friday 31.03.2023	Parsley soup aw, g 165	Long-grain rice with mixed summer vegetables and chicken, served with a slice of wholegrain bread aw, ar, i 390	Crispy roast pork with caraway stock, boiled potatoes and pickled cabbage aw, 3, 11 540	Veggie burger (Green core Crunchy Medallion) with quark dip and wedges aw, c, g, i, j, k, 1, 11 620

Please choose from our salad bar and the daily specials with dessert.
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

allergen labeling
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l
m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes
13) with quinine 14) with caffeine