

# Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm  
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria  
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,00 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,50 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,00 € please choose from our daily offer of side dishes
16.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 17.04.2023	Asian noodle soup with bamboo and chicken 110	Creamed spinach with two fried eggs and boiled potatoes aw, c, g, 3 580	Thuringia-style grill sausage with onion sauce, parsley potatoes and pickled cabbage aw, j, 3, 4, 11 710	Fish bake 'Bordolaise' with dill potatoes and green salad aw, c, d, 3 410
Tuesday 18.04.2023	Wild garlic soup aw, g 120	Spaghetti 'Carbonara' with ham and cheese sauce aw, g, i, 1, 2, 3, 11 610	Chicken quarter with tomato-capsicum sauce, potato chips and salad garnish aw 690	Asparagus omelette with hollandaise sauce and parsley potatoes aw, c, g, 3 580
Wednesday 19.04.2023	Lentil soup with diced bacon i, 2, 8 140	Vanilla semolina pudding with rhubarb compote aw, g, 11 640	Juicy beef goulash with boiled potatoes and red cabbage aw, 3, 11 610	Baked feta cheese with ratatouille and wild rice tossed in butter aw, g, 1, 11 485
Thursday 20.04.2023	Cold cucumber soup with crispy bacon cubes g, 2, 3, 11 90	Oderbruch-style stir-fry with meatballs (pork) aw, c, g, i, 3 580	Potato asparagus gratin cooking with sauce hollandaise and cheese c, g, 1, 3, 11 580	Pork medallions with baked potato and salad aw, 2, 3, 11 680
Friday 21.04.2023	Sea fish and pepper soup with fresh dill aw, d 90	Jumbo fish sticks with dill sauce, boiled potatoe and carrot salad aw, c, d, g, 3, 11 529	Marinated beef with red cabbage and boiled potatoes aw, 3, 11 640	Grilled Chicken breast "Caprese style" with gnocchi aw, c, g, 1, 11 590

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**  
Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine