FAIR catering				Lunch menu				pasta dísh	Cafeteria at	
Im Technologiepark 1 * 15236 Frankfurt (Oder)			Opening times:				v	without meat		
Tel. (035) 40164121* Fax 40164123 info@einfachfaircatering.de		Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm				vegan dísh	IHP GmbH			
Inrogeinrachaircatering.de Lunch 11.00 am to 1.30 pm   Remember to check out our alternative daily offers										
Cours of the day										
Week	Soup of the day		Once-course meal		Main dish			Trend food		
	1,10 €		4,00 €		4,50 €			5,00 €		
17.	from the soup pot			e day <u>or</u> 1 small soup of the day 0,1 l	please choose from our da		es	please choose from our d		
Monday	ZZV	kcal	ZZV	kcal	220	kcal		ZZV	kcal	
,	Thick				Coachman-style goulash					
24.04.2023	Mushroom-		2 vegetable crispy bagels		(beef, pork, cocktail gherkins, a little beer) served			Fried fillet of plaice		
	cream soup with croutons		with chive quark and rosemary potatoes		with Swabian-style spaetzle noodles		with fried egg, fried potatoes and salad garnish			
Tuesday		140	aw, c, g, i, 3	590	aw, c, 11	610		aw, c, d, 3	710	
ruesuay		Fish solyanka		Italian stir-fried pasta with meatballs (courgettes, mushrooms, tomatoes and sweetcorn)		Beetroot buffer (Chickpeas, cucumber) with corn panada on Tagliatelle with cheese sauce (Gouda)		Small turkey skewers with ratatouille and herbed rice		
25.04.2023	Fish solvan									
	d, i	80	aw, c, g	430	aw, g, 1	570		aw	580	
Wednesday	<b>-</b> · · ·									
26.04.2023	Cabbage soup with pork		Home-made potato fritters		Pork cutlet in batter		Spaghetti			
20.07.2023		and cumin		with apple puree and sugar		with cream sauce, boiled potatoes and cauliflower		in lemon cream with prawns and peppers		
	i	100	aw, c, 3, 11	780	aw, c, g, 3	720		aw, b, g	630	
Thursday										
07.04.0000	Thai curry soup		Colorful spring pan		Kassler-style pork roast		Filled Pancakes			
27.04.2023		with Mie noodles		(rice, chicken breast and vegetables) to yoghurt sauce		with buttered peas, paprika and fries		with tomato sauce and mozzarella with green salad		
			50							
	aw	125	aw, g, i	410	aw, g, 2, 3, 11	540		aw, c, g, 1, 11	610	
Friday										
	Cream of asparagus soup			Oderbruch-style salad				Pork cutlet 'half-and-half'		
28.04.2023	of white and green asparagus		pesto Spaghetti with tuna and tomato sauce		with fried potatoes			(onion-tomato-capsicum sauce, herbed		
						and fried egg		mushrooms) with potato chips and salad garnish		
	aw, g	110	aw, d, i	510	с, 3	580		aw, g, 5	740	
Please choose from our salad bar and the daily specials with dessert.										
Not IHP-members pay a surcharge of 0,50 Euro for lunch!										
aw) cereals containing gl d) fish (-products) e) pea	luten (wheat) ar) cereals containing gluten (rye) b) cru Inuts (-products) f) Soy (-products) g) milk (- products,	, including lactose) h) nuts		ENJOY YOUR MEAL			1) with coloring	marking required additives 1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefet 6) blackened 7) waxed 8) with phosphate 9) with sweeteners		
	ustard (-products) k) Sesame (-products) l) Sulphur dio			Elfon a second fill 1			10) contains pl	) contains phenylalanine 11) with sugars and sweeteners 12) with sweeteners 3) with quinine 14) with caffeine		
Menu subject to alterations!										