

Im Technologiepark 1 * 15236 Frankfurt (Oder)

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Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm 11.00 am to 1.30 pm

Remember to check out our alternative daily offers

Chicken ragout

with mixed seasonal vegetables and herbed rice

aw, g, i

pasta dísh

without meat

vegan dísh

Cafeteria at

IHP GmbH

Week	Soup of the day 1,25 €		Once-course meal 4,40 €		<u>Main dish</u> 4,90 €		<u>Trend food</u> 5,50 €	
18.	from the soup pot 0,2 I		inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l		please choose from our daily offer of side dishes		please choose from our da	ily offer of side dishes
	zzv	kcal	zzv	kcal	ZZV	kcal	zzv	kcal
Monday	Asian-style noodle soup		Cauliflower Cheese Medallion		Chicken Nuggets		Fried fillet of pollock	
29.04.2024	with Mie noodles		with quark dip, boiled potatoes and side salad		with baked potatoe wedges in a curry dip and small salad		served on a bed of mediterranean vegetables, with tagliatelle	
	aw, i	110	aw, c, g, i, j, 3	610	aw, c, g, 1, 2, 11	670	aw, d	610
Tuesday	Minced meat and cheese soup (pork) with leeks		3 yeast dumplings with blueberry sauce		Home-made Königsberg-style meatballs with caper sauce, boiled potatoes and beetrot salad		Large farmer's breakfast with pickled herring pieces	
30.04.2024								
	aw, i, g, 1	130	aw, g, 11	820	aw, c, g, 3, 11	560	c, 3, 11	590
Wednesday 01.05.2024	May Day							
Thursday 02.05.2024	Cream of asparagus soup		Sausage goulash with tomatos and peppers, served with spirelli pasta		Chickpea and vegetable curry (Carrot, leek, cauliflower, red pepper) with basmati rice		Chicken breast with fresh mushrooms and potato croquettes	
	aw, g	112	aw, j, 2, 3, 11	780	aw, i	490	aw, g, 11	710
Friday	Cream		Chicken ragout		Brewmaster Steak		Rack-cream cheese	

Please choose from our salad bar and the daily specials with dessert. Not IHP-members pay a surcharge of 0,50 Euro for lunch!

03.05.2024

aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) I) Sulphur dioxide and sulphites> 10 mg / kg / I m) lupine (-products) n) molluscs (-products)

of spinach soup

with chopped egg

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives

Brewmaster Steak

with herb butter and fries and peas

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine

aw, g, 1, 11

Back-cream cheese

on vegetable spaghetti with tomato-basil sauce