

Im Technologiepark 1 * 15236 Frankfurt (Oder)

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Lunch menu

Opening times:

pasta dísh

without meat

vegan dísh

Cafeteria at

IHP GmbH

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm 11.00 am to 1.30 pm

Remember to check out our alternative daily offers								
Week	Soup of the day 1,25 €		Once-course meal 4,40 €		<u>Main dish</u> 4,90 €		Trend food 5,50 €	
18.	from the soup pot 0,2 I		inclusive of 1 small dessert of the day <u>or</u> 1 small soup of the day 0,1 l		please choose from our daily offer of side dishes		please choose from our daily offer of side dishes	
	zzv	kcal	zzv	kcal	zzv	kcal	zzv	kcal
Monday 28.04.2025	Spicy bean soup with minced meat (pork)		Cauliflower Cheese Medallion with quark dip, boiled potatoes and side salad		Grilled sausage with French fries and fresh salad		Stuffed beef à la maison with savoury sauce, boiled potatoes and red cabbage	
		140	aw, c, g, i, j, 3	610	j, 4, 11	760	aw, 2, 3, 11	630
Tuesday 29.04.2025	Curry and rice soup with chicken		Country-style stir-fry with sausage slices, peppers, onions, pickles, sweetcorn and potato wedges		Home-made Fish meatball with boiled potatoes, dill sauce and herbed carrots		Asparagus in red coconut curry sauce with filleted chicken breast and rice noodles	
	aw	145	aw, i, j, 2, 3, 11	430	aw, c, g, 3	520	aw, g	520
Wednesday 30.04.2025	Cream of broccoli soup		White bean stew with smoked meat cubes, served with a slice of bread		Lasagne Bolognese au gratin with with bechamel sauce and cheese gratin		Cauliflower Piccatta with remoulade sauce and ciabatta bread served with salad garnish	
	aw, g	130	aw, 2, 3, 11	620	aw, g, i, 1, 11	540	aw, c, g, j, 2, 11	450
Thursday								



May Day



Friday

01.05.2025

02.05.2025

Brückentag

Please choose from our salad bar and the daily specials with dessert. Not IHP-members pay a surcharge of 1,00 Euro for lunch!

aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) I) Sulphur dioxide and sulphites> 10 mg / kg / I m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine