FAIR Catering GmbH			Lunch menu					pasta dísh	Cafeteria	
Im Technologiepark 1 * 15236 Frankfurt (Oder)			Opening times:				v	vithout meat		
Tel. (0335) 40164121* Fax 40164123 info@einfachfaircatering.de			Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm Lunch 11.00 am to 1.30 pm				vegan dísh	IHP GmbH		
Remember to check out our alternative daily offers										
West	Soup of the day		Once-course meal Main dish			n dish	Trend food			
Week	1,25 €		4,40 €		4,90 €			5,50 €		
19.	from the soup pot 0,2 l		inclusive of 1 small dessert of the day <u>or</u> 1 small soup of the day 0,1 l		please choose from our daily offer of side dishes		please choose from our daily offer of side dishes			
	ZZV	kcal	ZZV	kcal	ZZV	kcal		ZZV	kcal	
Monday										
06.05.2024	Cabbage soup with pork and cumin		Herb quark with linseed oil, boiled potatoes and cucumber salad		Fried sausage with herbs served with mustard sauce, carrots and boiled potatoes		boiled	Fried filet of tilapia with peppers and onions, served with herbed rice		
	i	100	g, 3, 11	570	aw, g, j, 3, 4, 11	710		aw, d	410	
Tuesday	·		0/-/			1		54,0		
07.05.2024	Tomato-fish broth with julienne root vegetables		2 boiled eggs sweet and sour with boiled potatoes and apple-carrot salad		Pudding with pickled cabbage and parsley potatoes		atoes	Asparagus in red coconut curry sauce with filleted chicken breast and rice noodles		
	d, i	80	aw, c, g, j, 3, 11	610	aw, 3, 11	854		aw, g	520	
Wednesday 08.05.2024	Vegetable soup with dill		Frankfurt-style potato soup with a pair of Wiener sausages and wholegrain bread		Marinated turkey steak with onions, peppers and potato chips		ips	Fillet of pollock 'Milanese' (au gratin with tomato and cheese), served with boiled potatoes and green salad		
	aw, i, g	130	aw, ar, 1, 2, 3, 4, 11	507	aw	638		aw, d, g, 1, 3, 11	665	
Thursday 09.05.2024	05.2024 Christi Himmelfahrt									
Friday 10.05.2024	Asparagus soup with chives with chopped egg		Vegetable Bolognese Carrot, celery, tomato, onion) with spaghetti and grated cheese (Gouda)		Pork and beef goulash with boiled potatoes and cauliflower		er	Schönes Wochenende		
	aw, c, g	112	aw, g, i, 1, 11	695	aw, 3	420				
Please choose from our salad bar and the daily specials with dessert. Not IHP-members pay a surcharge of 0,50 Euro for lunch!										
allergen labeling aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) (-products) (-products) g) milk (-products) (-products									9) with sweeteners	