

Im Technologiepark 1 * 15236 Frankfurt (Oder)

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Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm Lunch 11.00 am to 1.30 pm

pasta dísh

vegan dísh

without meat

Cafeteria at

IHP GmbH

| Remember to check out our alternative daily offers | | | | | | | | | |
|---|--|------|--|------|--|------|--|--------------------------------|--|
| Week | Soup of the day 1,25 € | | Once-course meal 4,40 € | | <u>Main dish</u> 4,90 € | | <u>Trend food</u> 5,50 € | | |
| **** | | | | | | | | | |
| 20. | from the soup pot 0,2 I | | inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l | | please choose from our daily offer of side dishes | | please choose from our daily offer of side dishes | | |
| | zzv | kcal | ZZV | kcal | zzv | kcal | ZZV | kcal | |
| Monday | | | | | | | | | |
| 10.05.0005 | Broth | | Potato soup | | Breaded Merlan Fillet | | fillet of pork | | |
| 12.05.2025 | (beef) with julienne vegetables | | with Frankfurter sausage and a slice of bread | | with herb butter, colorful market vegetables and salt potatoes | | with mushrooms in cream on Lumaconi (large pasta shells) | | |
| | | | | | | | , | | |
| | aw, i | 115 | aw, ar, 1, 2, 3, 4, 11 | 507 | aw, c, d, 3 | 730 | aw, g, 5 | 630 | |
| Tuesday | | | | | | | | | |
| | AND 1 1 | | Sweetcorn-leek fritters | | Bavarian meat loaf with fried egg, | | Fish bake 'Bordolaise' | | |
| 13.05.2025 | Wild garlic soup | | with sour cream and a small salad | | potato puree and beans | | with dill potatoes and green salad | | |
| | | | | | | | | | |
| | aw, g | 120 | aw, c, g | 632 | aw, c, f, i, j, g, 3, 11 | 720 | aw, c, d, 3 | 410 | |
| Wednesday | | | | | | | | | |
| | | | Curry balls (pork) | | Potato-broccoli | | turkey piccata | | |
| 14.05.2025 | Peas buttermilk soup | | in vegetable sauce with herb rice | | and cheese gratin | | | n vegetables and vegetable ice | |
| | | | | | | | rice | | |
| | ę | 130 | aw, c | 490 | g, 1, 3, 11 | 442 | aw, g, 1, 11 | 580 | |
| Thursday | | | ,- | | 5/-/-/- | | | | |
| | Cald manufacture | | Sausage goulash | | Chickpea and vegetable curry | | fish and vegetable spear | | |
| 15.05.2025 | Cold cucumber soup with crispy bacon cubes | | with tomatos and peppers, | | (Carrot, leek, cauliflower, red pepper) | | with fried potatoes, tartar sauce and pepper-bean | | |
| | • • | | served with spirelli pasta | | with basmati rice | | salad | | |
| | g, 2, 3, 11 | 90 | aw, j, 2, 3, 11 | 780 | aw, i | 490 | aw, c, d, i, j, 3, 11 | 690 M.da | |
| Friday | g, 2, 3, 11 | 90 | dW, J, Z, 3, 11 | 780 | dw, i | 470 | aw, c, u, ı, յ, s, 11 | U90 | |
| , | | | Stuffed yeast dumpling | | Breaded chicken breast | | | | |
| 16.05.2025 | Italian sidh woup with vegetable julienne | | with vanilla sauce | | with cream sauce, boiled potatoes and red | | Asparagus omelette with hollondaise sauce and parsley patatoes | | |
| | with vegetable julienile | | with fresh strawberries | | cabbage with apple | | with nononaise sauce and parsicy paratoes | | |
| | | 1 | | 1 | | | | | |
| | d, i | 90 | aw, g, 11 | 410 | aw, c, g, 3, 11 | 630 | aw, c, g, 3 | 580 | |
| Please choose from our salad bar and the daily specials with dessert. Not IHP-members pay a surcharge of 1,00 Euro for lunch! | | | | | | | | | |

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine

aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l m) lupine (-products) n) molluses (-products)