

# Lunch menu

## Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm  
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria  
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,25 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,40 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,90 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,50 € please choose from our daily offer of side dishes
21.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 19.05.2025	Thai curry soup with Mie noodles aw 125	2 vegetable crispy bagels with chive quark and rosemary potatoes aw, c, g, i, 3 590	Alaskan Salmon Filet with dill sauce, boiled potatoes and cucumber salad aw, d, g, i 3, 11 590	Pork medallions with baked potato and salad aw, 2, 3, 11 680
Tuesday 20.05.2025	Cheese soup with leeks g, i, 1 165	Crunchy Fish Sticks with herb sauce, potatoe puree and fresh salad aw, c, d, f, i, j, g, 3, 11 529	Arugula sweet potato slices risotto with peas and salad garnish c, 3 590	Italian cutlet stuffed with prosciutto and gorgonzola on tagliatelle with tomatoes aw, g, 1, 2, 3, 11 660
Wednesday 21.05.2025	Cream of salmon soup with fresh dill aw, d, g 90	Potato fritters with apple puree and sugar aw, c, 3, 11 780	Juicy beef goulash with macaroni chips and coleslaw aw, 11 610	skewers Cabanossi with hot sauce, potato chips and buttered peas aw, i, j, 2, 3, 11 670
Thursday 22.05.2025	Cream of spinach soup with chopped egg c 120	Spaghetti Bolognese with grated cheese aw, g, i, 1, 11 695	Salad platter "Oderbruch style" with fried potatoes and fried egg c, 3, 11 690	Fried fillet of sea fish with olive-pepper ragout, served with coriander- potato puree and salad garnish aw, c, d, f, i, j, g, 3, 11 420
Friday 23.05.2025	French onion soup with chives g 90	Spicy lentil stew with Frankfurter sausages and a slice of wholegrain bread aw, ar, 1, 2, 3, 4, 11 710	Krusty chicken drumsticks on colorful roasted vegetables served with potato chips and garlic dip aw, g, i 710	Baked cheese "Athena" (Soft cheese Greek style) with farfalle and tomato sauce aw, c 450

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 1,00 Euro for lunch!

### allergen labeling

aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

### marking required additives

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine