FAIR Catering GmbH			Lunch menu					pasta dísh	Cafeteria at	
Im Technologiepark 1 * 15236 Frankfurt (Oder)			Opening times:				1	without meat		
Tel. (0335) 40164121* Fax 40164123 info@einfachfaircatering.de			Monda Lunch	ay to Friday 8.30 to -10 am	& 11.00 am to 1.30 pm 11.00 am to 1.30 pm			vegan dísh	IHP GmbH	
Remember to check out our alternative daily offers										
Week	Soup of	the day	Once-course meal		<u>Main dish</u>		Trend food			
week	1,10 €		4,00 €		4,50 €			5,00 €		
23.	from the sou	up pot 0,2 l	inclusive of 1 small dessert of the	e day <u>or</u> 1 small soup of the day 0,1 l	please choose from our daily offer of side dishes			please choose from our daily offer of side dishes		
23.	ZZV	kcal	zzv	kcal	ZZV	kcal		ZZV	kcal	
Monday										
	Th	ick	Scrambled eggs with herbs,		Chicken breast "Hawaii"		kohlrabi cutlet			
05.06.2023	cauliflower soup		served with cauliflower in Dutch sauce and mashed potatoes		with coconut curry sauce and basmati rice		with yoghurt sauce, avocado dip and spaghetti salad			
	aw	130	aw, c, g, 3	510	aw, g	420		aw, c, g	520	
Tuesday					Grilled fish with corn breading					
	Chines	e soup		r-fried pasta	(alaskar		Feta cheese in batter			
06.06.2023	with bambo	•				h lemon sauce, boiled potatoes and creamy		with ratatouille and spinach risotto		
					vegetables					
	i	110	aw, c, g	430	aw, g, d, i	590		aw, g, 1, 11	510	
Wednesday										
	Chicken broth Kaiserschmarrn (pancake strips)				Pork cutlet in batter			Spaghetti in lemon cream with prawns and peppers		
07.06.2023	with root vegetables		with raisins, apple compote and icing sugar		with cream sauce, boiled potatoes and cauliflower					
				e una lenng sugar						
	aw, i, g	120	aw, c, g, 11	690	aw, c, g, 3	720		aw, b, g	630	
Thursday										
	Spicy cream			fish nuggets Mustard roast pork		Asparagus				
08.06.2023	of pepper soup		with Letscho and potato wedges		with bacon beans and potatoes		in red coconut curry sauce with filleted chicken breast and rice noodles			
								breast an		
	aw	100	aw, c, d	690	aw, 2, 3, 11	610		aw, g	520	
Friday										
	French onion soup Green bean stew				Beetroot buffer			Fillet of plaice 'Finkenwerder-style'		
09.06.2023	with o	•		with pork and a slice of wholegrain bread		(Chickpeas, cucumber) with corn panada on Tagliatelle with cheese sauce (Gouda)		(strips of ham and onions) served with fried potatoes and salad garnish		
					Tugilatelle with encese succe (Gouda)		uy	served with ned pe	statoes and salad garnish	
	g	90	aw, ar	480	aw, g, 1	570		aw, d, 2, 3, 11	710	
Please choose from our salad bar and the daily specials with dessert. Not IHP-members pay a surcharge of 0,50 Euro for lunchl										
allergen labeling										
d) fish (-products) e) pea	luten (wheat) ar) cereals containing gluten (rye inuts (-products) f) Soy (-products) g) milk (- pri ustard (-products) k) Sesame (-products) l) Sulp	5) gesch			oloring 2) with preservative 3) with antioxidant 4) with flavor enhancer wefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners ins phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes					
m) lupine (-products) n) molluses (-products) n) mollu										