

Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,25 € from the soup pot 0,2 l		<u>Once-course meal</u> 4,40 € inclusive of 1 small dessert of the day <u>or</u> 1 small soup of the day 0,1 l		<u>Main dish</u> 4,90 € please choose from our daily offer of side dishes		<u>Trend food</u> 5,50 € please choose from our daily offer of side dishes	
25.	ZZV	kcal	ZZV	kcal	ZZV	kcal	ZZV	kcal
Monday 16.06.2025	Wild garlic soup		Cauliflower Cheese Medallion with quark dip, boiled potatoes and side salad		Chicken 'cordon bleu' with cauliflower and potato puree		Fried prawn skewer with Carribean sauce and raisins, served with long-grain rice and pieces of orange	
	aw, g	120	aw, c, g, i, j, 3	610	aw, c, , g, 1, 2, 3, 11	570	b	390
Tuesday 17.06.2025	Tomato-lentil soup		2 boiled eggs sweet and sour with boiled potatoes and apple-carrot salad		"Döner Plate" (Pork Gyros style) with tzatziki, tomato rice and herb salad		Fillet of pollock 'Milanese' (au gratin with tomato and cheese), served with boiled potatoes and green salad	
	i	110	aw, c, g, j, 3, 11	610	aw, g, 11	640	aw, d, g, 1, 3, 11	665
Wednesday 18.06.2025	Broth (beef) with julienne vegetables		Crunchy Fish Sticks with herb sauce, potatoe and fresh salad		Chicken breast "Hawaii" with coconut curry sauce and basmati rice		flatbread with grilled Halumi (Greek Grill cheese from cow's milk), yogurt-mint sauce and salad garnish	
	aw, i	115	aw, c, d, g, 3	529	aw, g	420	aw, g	490
Thursday 19.06.2025	Chicken broth with root vegetables		Vegetable Bolognese (Carrot, celery, tomato, onion) with spaghetti and grated cheese (Gouda)		Stuffed peppers with spicy sauce and potatoe puree		Shashlik skewer with spicy sauce, potato wedges and Balkan-style vegetables	
	aw, i, g	120	aw, g, i, 1, 11	695	aw, c, f, i, j, g, 3, 11	530	aw, 2, 3, 11	710
Friday 20.06.2025	Goulash soup (pork) with paprika and potatoes		Green bean stew with salted meat and a slice of wholegrain bread		Asia noodle gratin mie noodles, spring onions, mushrooms, red peppers, garlic and coconut milk		Pork cutlet 'Strindberg'-style (in onion-mustard-egg batter) with buttered peas and potato chips	
	aw, i, 3	130	aw, ar, 2, 3, 11	480	aw, c, g	580	aw, c, 11	730

Please choose from our salad bar and the daily specials with dessert.
Not IHP-members pay a surcharge of 1,00 Euro for lunch!

allergen labeling
 aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)
 d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts
 i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l
 m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives
 1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer
 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners
 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes
 13) with quinine 14) with caffeine