

Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm

pasta dish
without meat
vegan dish

Cafeteria
at



IHP GmbH

Remember to check out our alternative daily offers

Week	Soup of the day 1,10 € from the soup pot 0,2 l		Once-course meal 3,50 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l		Main dish 4,00 € please choose from our daily offer of side dishes		Trend food 4,80 € please choose from our daily offer of side dishes		Steakhouse dish 5,00 € served with side salad		Side dishes			Vegetables				
	ZZV	kcal	ZZV	kcal	ZZV	kcal	ZZV	kcal	ZZV	kcal	ZZV	kcal	€	ZZV	kcal	€		
39.																		
Monday																		
27.09.2020	Green pea soup with thyme	120	Shashlik stir-fry (pork, sausage, sweet peppers, cucumber) with macaroni chips	690	Lemon chicken quarter (with garlic and rosemary), served with potato chips and salad garnish	690	Fried fillet of fish with tartar sauce, served with fried potatoes and summer salad	670	Pork medallions with lemon-thyme butter, potato puree and summer vegetables	680	Boiled potatoes	3	141	0,90	Broccoli	30	1,00	
	aw, g		aw, i, j, 2, 3, 11		aw		aw, c, d, g, j, 2, 3, 11		aw, c, f, i, j, g, 3, 11									
Tuesday																		
28.09.2020	Thick spicy beef soup with mushrooms	140	Creamed spinach with two fried eggs and boiled potatoes	580	Hearty Frankfurt-style white pudding with pickled cabbage and boiled potatoes	980	Penne pasta with grilled tomatoes and strips of chicken breast served with cream sauce	730	glazed leg of rabbit with mustard sauce, brussels sprouts and potatoes	680	Herbed potatoes	3	141	0,90	Summer vegetables	35	1,00	
	aw		aw, c, g, 3		aw, 3, 11		aw, g		aw, j, 3, 11									
Wednesday																		
29.09.2020	Cold cucumber soup with yogurt and dill	110	Chicken ragout with mixed seasonal vegetables and herbed rice	630	Kassler-style pork roast with Bavarian-style cabbage and boiled potatoes	540	Penne Rigate with spinach and cherry tomatoes in cream sauce with fresh salad	490	Fillet of perch in crispy batter with beer sauce, onion-potato puree and rocket	590	Parsley potatoes	3	141	0,90	Mixed vegetables	aw	68	1,00
	g		aw, g, i		aw, 2, 3, 11		aw, g		aw, c, d, f, j, g, 3									
Thursday																		
30.09.2020	Thick Onion Soup with dill	60	Home-made stuffed cabbage with braised cabbage sauce and potatoes	529	Pasta and broccoli gratin with cheese sauce	442	Fried chicken breast with pumpkin, cherry tomatoes and gnocchi	670	Pork steak "Alsatian" (Sour cream, ham, onion) with hash browns and mix vegetables	690	Boiled potatoes	3	141	0,90	Mixed vegetables	35	1,00	
	aw, g		aw, c, 3		aw, g, 1, 11		aw, c		aw, g, i									
Friday																		
01.10.2020	Egg-drop chicken broth	90	Potato soup with Frankfurter sausage and a slice of bread	507	Chicken 'cordon bleu' with baby carrots and potato puree	570	Back-cream cheese on vegetable spaghetti with tomato-basil sauce	520	Hoki filet (MSC - blue hake) with wild garlic sauce, boiled potatoes and green salad	590	Herbed potatoes	3	141	0,90	Carrots	aw, 11	25	1,00
	c, i		aw, ar, 1, 2, 3, 4, 11		aw, c, f, i, j, g, 1, 2, 3, 11		aw, g, 1, 11		aw, d, g, i, 3, 11									

Please choose from our salad bar and the daily specials with dessert.
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

allergen labeling
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites- 10 mg / kg / l m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine