

# Lunch menu

**Opening times:**

**Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm**  
**Lunch 11.00 am to 1.30 pm**

pasta dish

without meat

vegan dish

Cafeteria  
at



**IHP GmbH**

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 3,80 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,30 € please choose from our daily offer of side dishes	<u>Trend food</u> 4,80 € please choose from our daily offer of side dishes
42.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b> 17.10.2022	Italian sidh woup with vegetable julienne d, i 90	Herb quark with linseed oil, boiled potatoes and cucumber salad g, 3, 11 570	Creamed veal goulash with spaetzle noodles and green salad aw, c, g 610	Cauliflower Piccata with remoulade sauce and ciabatta bread served with salad garnish aw, c, g, j, 2, 11 450
<b>Tuesday</b> 18.10.2022	Cabbage soup with pork and cumin i 100	Chicken ragout with mixed seasonal vegetables and risotto aw, g, i 630	Salad platter "Oderbruch style" with fried potatoes and fried egg c, 3, 11 690	Broccoli in vegan breading batter on bulgur salad aw 470
<b>Wednesday</b> 19.10.2022	French onion soup with chives g 90	Rice pudding with morello cherries and sugar g, 11 900	Brewmaster Steak with herb butter, potato puree and peas aw, c, f, i, j, g, 3, 11 710	baked potato with smoked salmon and sour cream to a mixed salad d, g 380
<b>Thursday</b> 20.10.2022	Vegetable soup with fresh parsley aw, i, g 130	fish nuggets with Letscho and potato wedges aw, c, d 690	Chicken quarter with tomato-capsicum sauce, potato chips and salad garnish aw 690	Quinoa and pea patty with tomato sauce and carrot rustica aw 490
<b>Friday</b> 21.10.2022	Kohlrabi soup aw, g 120	Sausage goulash with tomatos and peppers, served with spirelli pasta aw, j, 2, 3, 11 780	Alaskan Salmon Filet "meunière" with parsley sauce, creamy vegetables and boiled potatoes aw, d, g 620	celeriac cutlet on leek sauce with tomato rice aw, g, i 460

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) miik (- products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine