

Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 3,80 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,30 € please choose from our daily offer of side dishes	<u>Trend food</u> 4,80 € please choose from our daily offer of side dishes
43.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 24.10.2022	Cauliflower-Cream Soup aw, g 130	Lentil Bolognese (Carrot, celery, tomato, onion) with spaghetti and grated cheese (Gouda) aw, g, i, 1, 11 695	Bavarian meat loaf with fried egg, potato puree and Brussels sprouts aw, c, f, i, j, g, 3, 11 720	Fried fillet of pollock with leaf spinach and boiled potatoes aw, d, g, 3 540
Tuesday 25.10.2022	Rice with chicken and root vegetables i 80	Carrot and pumpkin hash browns homemade with chive quark and colorful salad aw, c, g 520	Stuffed peppers with spicy sauce and potatoe puree aw, c, f, i, j, g, 3, 11 530	Chicken breast strips on wok vegetables and egg noodles aw, i 670
Wednesday 26.10.2022	Minced meat and cheese soup (pork) with leeks aw, i, g, 1 130	Braised cabbage with meatballs and potato puree aw, c, f, i, j, g, 3, 11 520	Chickpea and vegetable curry (Carrot, leek, cauliflower, red pepper) with basmati rice aw, i 490	Chicken breast with fresh mushrooms and potato croquettes aw, g, 11 710
Thursday 27.10.2022	Pumpkin soup with ginger aw, g 110	Egg ragout with mixed summer vegetables and herbed potatoes aw, c, g, 3 350	Chicken liver in apple-onion sauce with boiled potatoes and herbed baby carrots aw, 3, 11 530	Pork cutlet 'Strindberg'-style (in onion-mustard-egg batter) with buttered peas and potato chips aw, c, 11 730
Friday 28.10.2022	Cream of pepper soup with wild rice aw 110	Chili con carne (Mexican bean dish) served with a slice of bread aw 630	Asia noodle gratin mie noodles, spring onions, mushrooms, red peppers, garlic and coconut milk aw, c, g 580	Glazed rabbit joint, red cabbage with apple and potato dumplings aw, 11 680

Please choose from our salad bar and the daily specials with dessert.
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

allergen labeling
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l
m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes
13) with quinine 14) with caffeine