

# Lunch menu

**Opening times:**

**Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm**  
**Lunch 11.00 am to 1.30 pm**

pasta dish

without meat

vegan dish

Cafeteria  
at



**IHP GmbH**

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 3,80 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,30 € please choose from our daily offer of side dishes	<u>Trend food</u> 4,80 € please choose from our daily offer of side dishes
45.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b> 07.11.2022	Cream of courgette soup aw, g 120	Cauliflower Cheese Medallion with quark dip, boiled potatoes and side salad aw, c, g, i, j, 3 610	Battered slice of Bologna-style sausage with tomato sauce and spirilli pasta aw, c, j, 2, 3, 11 580	Baked potato with herbed sour cream, garden salad and chicken breast aw, g 490
<b>Tuesday</b> 08.11.2022	Cream of spinach soup royale c 120	Jumbo fish sticks with dill sauce, boiled potatoe and carrot salad aw, c, d, g, 3, 11 529	Crispy roast pork with caraway stock, boiled potatoes and pickled cabbage aw, 3, 11 540	Large farmer's breakfast with pickles c, 3, 11 590
<b>Wednesday</b> 09.11.2022	Goulash soup (pork) with paprika aw, i 130	Home-made stuffed cabbage with braised cabbage sauce and potatoes aw, c, 3 529	Grilled fish with corn breading (alaskan salmon) with lemon sauce, boiled potatoes and creamy vegetables aw, g, d, i 590	Vegan noodle and courgette pan with roasted pine nuts aw 420
<b>Thursday</b> 10.11.2022	Lentil soup with diced bacon i, 2, 8 140	Green bean stew with Frankfurter sausags and a slice of wholegrain bread aw, ar, 1, 2, 3, 4, 11 430	Turkey cutlets with cauliflower and brown butter with mashed potatoes aw, c, f, i, j, g, 3, 11 690	2 stuffed potato pasties (herbed cream cheese) with vegetarian chilli vegetables and herbed crème fraiche aw, c, g 610
<b>Friday</b> 11.11.2022	Sweet and sour vegetable curry aw, i, g 120	Creamed spinach with two fried eggs and boiled potatoes aw, c, g, 3 580	Chicken Breast with Hokkaido pumpkin and tagliatelle aw 580	Stuffed beef à la maison with savoury sauce, boiled potatoes and red cabbage aw, 2, 3, 11 630

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine