

# Lunch menu

**Opening times:**

**Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm**  
**Lunch 11.00 am to 1.30 pm**

pasta dish

without meat

vegan dish

Cafeteria  
at



**IHP GmbH**

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 3,80 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,30 € please choose from our daily offer of side dishes	<u>Trend food</u> 4,80 € please choose from our daily offer of side dishes
46.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b> 14.11.2022	Chinese soup with bamboo and rice i 110	Sweetcorn-leek fritters with sour cream and a small salad aw, c, g 632	Curried sausage with potato chips and salad garnish j, 2, 4, 11 760	Fried fillet of pollock served on a bed of mediterranean vegetables, with tagliatelle aw, d 610
<b>Tuesday</b> 15.11.2022	Rice with chicken and root vegetables i 80	2 puszta dumplings with tomato-capsicum sauce, potato puree and side salad aw, c, f, i, j, g, 3, 11 590	Cauliflower-broccoli casserole with mozzarella g, 1, 11 410	Gyros cutlet (pork) on tzatziki and potato salad with olive and herb aw, c, g, 3, 11 610
<b>Wednesday</b> 16.11.2022	Tomato-fish broth with julienne root vegetables d, i 80	Spaghetti Bolognese with grated cheese aw, g, 1, 1, 11 695	American Chicken with rosemary potatoes and sweet corn 3, 11 620	Baked camembert cheese with peach and cranberry and salad bouquet aw, c 340
<b>Thursday</b> 17.11.2022	Cheese soup with leeks and minced meat (pork) g, i, 1 130	Scrambled eggs with herbs, served with vegetable sauce and mashed potatoes aw, c, f, i, j, g, 3, 11 510	Juicy beef goulash with macaroni chips and coleslaw aw, 11 610	Bismarck herring on lentil salad with parsley potatoes and yoghurt dip aw, c, d, g, j, 2, 11 630
<b>Friday</b> 18.11.2022	Spicy cream of pepper soup aw 100	bound Carrot and pumpkin stew with smoked meat and wholemeal bread  aw, ar, i, 2, 3, 11 490	Salmon cakes with parsley sauce, mashed potatoes and dill-cucumber salad aw, c, d, f, i, j, g, 3, 11 560	Chicken breast au gratin with pineapple, baked under cheese and served with fragrant rice and broccoli aw, g, 1, 11 670

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine