

Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 3,80 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,30 € please choose from our daily offer of side dishes	<u>Trend food</u> 4,80 € please choose from our daily offer of side dishes
47.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 21.11.2022	Apple Celery Soup aw, g 90	Herb quark with linseed oil, boiled potatoes and cucumber salad g, 3, 11 570	Grilled sausage with cream sauce, potato puree and herbed baby carrots aw, c, f, i, j, g, 3, 4, 11 710	Penne pasta with grilled tomatoes and strips of chicken breast served with cream sauce aw, g 730
Tuesday 22.11.2022	Asian-style noodle soup with Mie noodles aw, i 110	Shashlik stir-fry (pork, sausage, sweet peppers, cucumber) with macaroni chips aw, i, j, 2, 3, 11 690	rice lentil patties (oatmeal, low-fat curd cheese, honey, garlic, wholemeal spelt flour) on ratatouille vegetables and salad garnish aw, ar, g 490	Asia-Omelett mit Zitronenspinat (Blattspinat mit Knoblauch und roten Linsen) aw, g 410
Wednesday 23.11.2022	Goulash Pumpkin Soup (pork) aw, i 110	Stuffed yeast dumpling with vanilla sauce and poppy aw, g, 11 410	Pork cutlet in batter with cream sauce, boiled potatoes and red cabbage with apple aw, c, g, 3, 11 610	Fillet of sea fish in sesame batter with olives, courgettes, peppers and pasta aw, d, k 620
Thursday 24.11.2022	Kohlrabi soup aw, g 120	Egg ragout with mixed summer vegetables and herbed potatoes aw, c, g, 3 350	Home-made meat loaf with beans and boiled potatoes aw, c, 3 730	Marinated turkey steaks au gratin with peach and sauce choron, served with broccoli and small hash browns aw, c, g 790
Friday 25.11.2022	Brussels sprout soup with cumin aw, g 120	Roasted Brussels sprouts with ham and cheese sauce served with potato noodles aw, g, 1, 2, 3, 11 580	Chicken Nuggets with baked potatoe wedges in a curry dip and small salad aw, c, g, 1, 2, 11 670	flatbread with grilled Halumi (Greek Grill cheese from cow's milk), yogurt-mint sauce and salad garnish aw, g 490

Please choose from our salad bar and the daily specials with dessert.
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

allergen labeling
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l
m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes
13) with quinine 14) with caffeine