

# Lunch menu

**Opening times:**

**Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm**  
**Lunch 11.00 am to 1.30 pm**

pasta dish

without meat

vegan dish

Cafeteria  
at



**IHP GmbH**

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 3,80 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,30 € please choose from our daily offer of side dishes	<u>Trend food</u> 4,80 € please choose from our daily offer of side dishes
48.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b> 28.11.2022	Solyanka with sour cream aw, g, i, 2, 3, 4, 8 260	Fish curry with julienne vegetables and dill potatoes aw, d, g, 3 529	Breaded chicken breast with cream sauce, boiled potatoes and red cabbage with apple aw, c, g, 3, 11 630	noodles with pumpkin, avocado and steak strips (pork) in cream aw 640
<b>Tuesday</b> 29.11.2022	Banana cream soup g 120	Bami Goreng (Indonesian noodle dish with poultry) aw, i 610	Home-made Königsberg-style meatballs with caper sauce, boiled potatoes and beetrot salad aw, c, g, 3, 11 560	Omelette with fresh mushrooms and small salad c, g 510
<b>Wednesday</b> 30.11.2022	Cheese soup with leeks and minced meat (pork) g, l, 1 130	Kaiserschmarrn (pancake strips) with raisins, apple compote and icing sugar aw, c, g, 11 690	Backfish fillet (pollack) with cucumber dill sour cream and mashed potatoes aw, c, d, 2, 3, 11 710	Pork cutlet 'Strindberg'-style (in onion-mustard-egg batter) with potato puree and beans aw, c, f, i, j, g, 3, 11 730
<b>Thursday</b> 01.12.2022	Cream of cauliflower soup aw, g 130	2 boiled eggs with mustard sauce, boiled potatoes and beetroot salad aw, c, g, j, 3, 11 610	Kassler-style pork roast with gravy, pickled cabbage and parsley potatoes aw, 2, 3, 11 540	Fried fillet of tilapia with peppers and onions, served with herbed rice aw, d 410
<b>Friday</b> 02.12.2022	Thick Onion Soup with dill aw, g 60	Hungarian goulash with pork and sweet peppers, served with a slice of wholegrain bread aw, ar, i 410	Vegetable bulgur patties on crisp lettuce and spicy yogurt dip aw, c, i 410	Fillet of pollock "Milano Art " (with tomato and cheese) served with green tagliatelle aw, d, g, 1, 11 665

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine