

# Lunch menu

**Opening times:**  
Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm  
Lunch 11.00 am to 1.30 pm

pasta dish  
without meat  
vegan dish

Cafeteria  
at



IHP GmbH

Remember to check out our alternative daily offers

Week	Soup of the day 1,00 €		Once-course meal 3,40 €		Main dish 3,80 €		Trend food 4,60 €		Side dishes			Vegetables			
	ZZV	kcal	ZZV	kcal	ZZV	kcal	ZZV	kcal	ZZV	€	ZZV	kcal	€		
<b>49</b>	from the soup pot 0.2 l														
<b>Monday</b>	Parsley soup														
<b>30.11.2020</b>	aw, g	165	aw, c, g, i, j, 3	610	aw, 11	610	aw, c, 11	640	Boiled potatoes	3	141	0,80	Broccoli	30	0,90
									Potato puree	g, 3	140	0,80	Mixed vegetables	35	0,90
									Potato dumplings		200	1,10	White cabbage salad	35	0,90
<b>Tuesday</b>	Beef broth with root vegetables														
<b>01.12.2020</b>	aw, i, g, 1	130	g, 11	903	aw, c, f, i, j, g, 1, 2, 3, 11	570	aw, d, g, k	645	Boiled potatoes	3	141	0,80	Cauliflower	26	0,90
									Potato puree		140	0,80	Baby carrots	27	0,90
									Potato chips		408	1,10	Pepper-Sweetcorn-salad	0	0,90
<b>Wednesday</b>	Cream of potato soup 'vegetarian' with root vegetables														
<b>02.12.2020</b>	i, 3	120	aw, j, 2, 3, 11	780	c, 3, 11	690	aw, 11	680	Potatoes	3	141	0,80	Kale	0	0,90
									Long-grain rice		140	0,80	Red cabbage	11	124
									Fried potatoes		223	1,10	Tomato salad	11	35
<b>Thursday</b>	Minced meat and cheese soup (pork) with leeks														
<b>03.12.2020</b>	aw, i, g, 1	130	aw, i, j, 2, 3, 11	430	aw, d, g, i, 3, 11	590	aw	690	Boiled potatoes	3	141	0,80	Chinese cabbage	49	0,90
									Herbed rice		140	0,80	Mixed vegetables	aw	68
									Potato wedges	aw, 1	190	1,10	Cucumber salad		31
<b>Friday</b>	apple cinnamon Soup														
<b>04.12.2020</b>	aw, g	140	aw, ar, i, j, 2, 3, 11	710	aw, 3, 11	980	c, 3, 11	590	Parsley potatoes	3	141	0,80	Pickled cabbage	11	110
									Herbed potato puree		140	0,80	Ratatouille	aw	35
									Fried potatoes		223	1,10	Bean salad		35

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**  
Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine