

# Lunch menu

**Opening times:**

**Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm**  
**Lunch 11.00 am to 1.30 pm**

pasta dish

without meat

vegan dish

Cafeteria  
at



**IHP GmbH**

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,25 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,40 € inclusive of 1 small dessert of the day <u>or</u> 1 small soup of the day 0,1 l	<u>Main dish</u> 4,90 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,50 € please choose from our daily offer of side dishes
49.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b> 02.12.2024	Thick cream of cauliflower soup aw, g 130	Broccoli nuggets with dutch sauce served with boiled potatoes and small salad garnish aw, c, g, f, h, i, 3 560	Curried sausage with potato chips and salad garnish j, 2, 4, 11 760	Fillet of sea fish with vegetable topping and boiled potatoes aw, d, i, 3 490
<b>Tuesday</b> 03.12.2024	apple cinnamon Soup aw, g 140	Braised cabbage with meatballs and boiled potatoes aw, c, 3 520	rice lentil patties (oatmeal, low-fat curd cheese, honey, garlic, wholemeal spelt flour) on ratatouille vegetables and salad garnish aw, ar, g 490	Glazed rabbit joint, red cabbage with apple and potato dumplings aw, 11 680
<b>Wednesday</b> 04.12.2024	Goulash soup (pork) with paprika aw, i 130	Spaghetti Bolognese with grated cheese aw, g, i, 1, 11 695	Spanish green cabbage with peppers, onion, garlic and chorizo crackers with wedges aw, 1, 2, 3 650	Cauliflower Piccata with remoulade sauce and ciabatta bread served with salad garnish aw, c, g, j, 2, 11 450
<b>Thursday</b> 05.12.2024	Chick pea soup with cumin and parsley aw 120	Rice pudding with apple puree, sugar and cinnamon g, 11 903	Chicken wings with capsicum sauce, potato wedges and Balkan-style vegetables aw, 1 690	flatbread with grilled Halumi (Greek Grill cheese from cow's milk), yogurt-mint sauce and salad garnish aw, g 490
<b>Friday</b> 06.12.2024	Pickled cabbage soup with pork and cumin 0 120	Chili con carne (Mexican bean dish) served with Turkish bread aw 630	Breaded Merlan Fillet with herb butter, colorful market vegetables and salt potatoes aw, c, d, 3 730	lemon Chicken on sour cream potato puree and lukewarm Mandarin Fennel Salad aw, c, f, i, j, g, 3, 11 690

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 1,00 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine