

Lunch menu

Opening times:
Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm
Lunch 11.00 am to 1.30 pm

pasta dish
without meat
vegan dish

Cafeteria
at



IHP GmbH

Remember to check out our alternative daily offers

Week	Soup of the day 1,00 €		Once-course meal 3,40 €		Main dish 3,80 €		Trend food 4,60 €		Side dishes			Vegetables				
	ZZV	kcal	ZZV	kcal	ZZV	kcal	ZZV	kcal	ZZV	kcal	€	ZZV	kcal	€		
50	from the soup pot 0.2 l		inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l		please choose from our daily offer of side dishes		please choose from our daily offer of side dishes									
Monday																
07.12.2020	Lemon-parmesan soup with marjoran		Scrambled eggs with herbs, served with cauliflower in Dutch sauce and mashed potatoes		Grilled chicken thighs with paprika, mixed vegetables and fries		Cevapcici cannelloni casserole with sheep's cheese and tomatoes		Boiled potatoes	3	141	0,80	Mixed vegetables		68	0,90
	aw, g, 1	130	aw, c, f, i, j, g, 3, 11	510	aw, g, 11	740	aw, g, 2	610	Potato puree	g, 3	140	0,80	Cauliflower		26	0,90
									Potato chips		408	1,10	Tomato salad		35	0,90
Tuesday																
08.12.2020	Cream of spinach soup with chopped egg		Szeged pork goulash (pickled cabbage) with dumplings or boiled potatoes		Beetroot buffer (Chickpeas, cucumber) with corn panada on Tagliatelle with cheese sauce (Gouda)		Glazed duck breast with orange sauce, potato dumplings and kale		Boiled potatoes	3	141	0,80	Kale		35	0,90
	c	120	aw, 3	610	aw, g, 1	570	aw, 11	740	Potato puree	g, 3	140	0,80	Red cabbage		124	0,90
									Potato dumplings		200	1,10	Green salad		24	0,90
Wednesday																
09.12.2020	Thick leek soup		Home-made potato fritters with apple puree and sugar		Battered slice of Bologna-style sausage with tomato sauce and spirelli pasta		Chicken breast fillet "Milano" (tomato-cheese-herb filling) with beans and gnocchi		Potatoes	3	141	0,80	Beans		35	0,90
	aw, g	105	aw, c, 3, 11	780	aw, c, j, 2, 3, 11	580	c	715	Long-grain rice		140	0,80	Broccoli florets		30	0,90
									Gnocchi	c	180	1,10	Mixed winter salad	i	24	0,90
Thursday																
10.12.2020	Thick fennel soup		Mediterranean turkey pan with tagliatelle		Greek-style' minced beef steak (filled with feta cheese and olives) served with potato puree and White cabbage salad		fish and vegetable spear with fried potatoes, tartar sauce and pepper-bean salad		Boiled potatoes	3	141	0,80	Mixed garden vegetables		36	0,90
	aw	110	aw, i	690	aw, c, f, i, j, g, 1, 3, 11	730	aw, c, d, i, j, 3, 11	690	Herbed rice		140	0,80	White cabbage salad	11	35	0,90
									Potato wedges	aw, 1	190	1,10	Cucumber salad		31	0,90
Friday																
11.12.2020	Goulash soup (pork) with paprika and potatoes		Chili con carne (Mexican bean dish) served with a slice of bread		Bismarck herring 'a la maison' with parsley potatoes		Veal cutlet in batter with curry hollandaise, fried potatoes and peas		Parsley potatoes	3	141	0,80	Sweetcorn	11	109	0,90
	aw, i, 3	130	aw	630	aw, c, d, j, 2, 3, 11	532	aw, c, 3, 11	760	Herbed potato puree	g, 3	140	0,80	Peas	11	84	0,90
									Fried potatoes		223	1,10	Celery-apple salad		37	0,90

Please choose from our salad bar and the daily specials with dessert.
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

allergen labeling
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL
Menu subject to alterations!

marking required additives
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine