

# Lunch menu

## Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm  
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

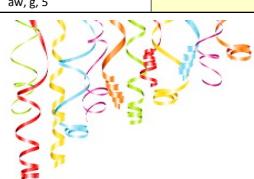
vegan dish

Cafeteria  
at



**IHP GmbH**

Remember to check out our alternative daily offers

Week	Soup of the day 1,10 € from the soup pot 0,2 l	Once-course meal 3,80 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	Main dish 4,30 € please choose from our daily offer of side dishes	Trend food 4,80 € please choose from our daily offer of side dishes
	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 19.12.2022	Solyanka with sour cream  aw, g, i, 2, 3, 4, 8   260	Vegetable Bolognese (Carrot, celery, tomato, onion) with spaghetti and grated cheese (Gouda)  aw, g, i, 1, 11   695	Chicken 'cordon bleu' with baby carrots and potato puree  aw, c, f, i, j, g, 1, 2, 3, 11   570	Poached fish fillet on peppers, white wine sauce and dill potatoes  aw, d, g, 3   580
Tuesday 20.12.2022	Cream of leek soup  aw, g   105	Pickled cabbage potato Pancakes with crème fraîche and salad garnish  aw, c, g, 3   780	Pudding with pickled cabbage and parsley potatoes  aw, 3, 11   854	Fried fillet of sea fish with leaf spinach and tagliatelle  aw, d, g   420
Wednesday 21.12.2022	Beef broth with pancake strips  aw, c, g, i   110	Braised cabbage with meatballs and potato puree  aw, c, f, i, j, g, 3, 11   520	Chickpea and vegetable curry (Carrot, leek, cauliflower, red pepper) with basmati rice  aw, i   490	Pork cutlet 'half-and-half' (onion-tomato-capsicum sauce, herbed mushrooms) with potato chips and salad garnish  aw, g, 5   740
Thursday 22.12.2022	Fruity cream of sweetcorn soup  aw   110	Chicken ragout with mixed seasonal vegetables and risotto  aw, g, i   630	Saithe Crispy to roasters and remoulade  aw, c, d, f, 2, 3, 11   710	
Friday 23.12.2022	Minced meat and cheese soup (pork) with leeks  aw, i, g, 1   130	Scrambled eggs with herbs, served with cucumber salad and potato puree  aw, c, f, i, j, g, 3, 11   510	Chicken liver in apple-onion sauce with potato and red cabbage  aw, c, f, i, j, g, 3, 11   530	The canteen will be closed from 27.12.2022 to 30.12.2022. We wish everyone a Merry Christmas and a Happy New Year 2023.

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

ENJOY YOUR MEAL

Menu subject to alterations!

allergen labeling  
a) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

marking required additives

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschweift 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine